

FOOD BANKS AND EMERGENCY SUPPORT

[Avenue Road Food Bank \(Daily Bread Food Bank\)](#)

Eligibility: Priority to residents living in postal codes M3M, M4B, M4P, M4T, M4V, M4W, M4Y, M5A, M5B, M5E, M5G, M5H, M5K, M5N, M5P, M5R, M5S, M6G, M7A and M8V

Address: Church of the Messiah, 240 Avenue Rd, Toronto, ON M5R 2J4

Contact: 416-922-4371

Website: <https://www.211toronto.ca/detail/en/232603>

Hours: Wednesdays from 3:00 pm – 5:00 pm

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.

[Native Women's Resource Centre of Toronto \(Daily Bread Food Bank\)](#)

Eligibility: Aboriginal women and their families

Address: 191 Gerrard St East, Toronto, ON M5A 2E5

Contact: 416-963-9963, info@nrwct.ca

Website: <https://www.211toronto.ca/detail/en/235584>

Hours: Friday from 10:00 am – 12:00 pm

How to apply: Call for appointment.

[Toronto Cares](#)

Grocery hampers delivered by volunteers, usually within 7-10 days. Pay what you can starting at \$12 for low income families, emergency boxes available upon request and review of situation.

Eligibility: Individuals and families with low income, including those who qualify for Employment Insurance (EI) or Canada Emergency Response Benefit (CERB)

Contact: helping.toronto.intake@gmail.com

Website: <https://www.211toronto.ca/detail/en/236591>

How to apply: Contact helping.toronto.intake@gmail.com, or visit website at <https://toronto-cares.ca/food-delivery-%26-help> for intake form.

[Toronto Alliance Church \(Food and Clothing Bank\)](#)

Eligibility: Open to all

Address: 602 Queen St West 2nd Fl, Toronto, ON M6J 1E3

Contact: 416-703-8211, office@torontoalliancechurch.ca

Website: <https://www.211toronto.ca/detail/en/104841>

Hours: Tuesday – Friday from 10:00 am – 2:00 pm

How to apply: Call or drop in.

[Salvation Army, Community and Family Services \(Downtown East Community Church, River Street Ministries\)](#)

Emergency material assistance including food, vouchers for clothing or household effects.

Eligibility: Open to all

Address: 77 River St, Toronto, ON M5A 3P1

Contact: 416-304-1982

Website: <https://www.211toronto.ca/detail/en/81354>

Hours: Monday and Wednesday mornings by appointment only

How to apply: Call for appointment.

[Grant AME Church \(Daily Bread Food Bank\)](#)

Eligibility: Anyone who is in need

Address: Fellowship Hall, 2029 Gerrard St East, Toronto, ON M4E 2B3

Contact: 416-690-5169, grantamechurch@yahoo.ca

Website: <https://www.211toronto.ca/detail/en/227067>

Hours: Wednesday from 2:00 pm – 6:00 pm, by appointment only, call 416-690-5169 to book

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.

[Sharing Place \(Food Bank\)](#)

Eligibility: Open to all

Address: Grace Church of the Nazarene, 624 Annette St, Toronto, ON M6S 2C4

Contact: 416-762-3322, info@sharingplace.ca

Website: <https://www.211toronto.ca/detail/en/103682>

Hours: Thursdays from 10:30 am – 11:30 am and 6:30 pm – 7:30 pm

How to apply: Identification required with proof of address.

[6 St Joseph House. COVID-19 Food Access Programs](#)

Food hamper delivery and takeout meals available.

Eligibility: Food programs for individuals and families with low income

Address: 6 St Joseph St, Toronto, ON M4Y 1J7

Contact: 416-923-8836, kcurry@6stjoseph.ca

Website: <https://www.211toronto.ca/detail/en/197389>

How to apply: Food hamper – call or email to arrange delivery or to inquire about waitlist (income assessment may be required).

[Toronto Aboriginal Support Services Council](#)

Coordinating access to supports for Indigenous communities, including increased access to food and financial support.

Eligibility: Indigenous community members

Address: 16 Spadina Rd, Toronto, ON M5R 2S7

Contact: 647-748-6100, info@tassc.ca

Website: <https://www.211toronto.ca/detail/en/236540>

How to apply: For emergency access to food, resources and/or goods, complete online intake form at <https://tassc1.typeform.com/to/LUZhPa> and click on “Get In Touch” to begin.

[Scott Mission \(Daily Bread Food Bank\)](#)

Eligibility: Families with low-income

Address: 502 Spadina Ave, Toronto, ON M5S 2H1

Contact: 416-923-3916, info@scottmission.com

Website: <https://www.211toronto.ca/detail/en/81162>

Hours: Monday – Friday from 9:00 am – 12:00 pm

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.

[Hand Up Toronto For Kids](#)

Breakfast delivery program for families with children.

Eligibility: Children and youth in low income households

Contact: kids@handuptoronto.org

Website: <https://www.211toronto.ca/detail/en/236560>

How to apply: Email kids@handuptoronto.org or visit website at <https://docs.google.com/forms/d/e/1FAIpQLSdW7A00EdZaeryJtn8kWYtReVHeUhuRK75H1CJWiZ6hVbERCg/viewform> to complete intake form and join wait list.

[Fort York Food Bank \(Daily Bread Food Bank and Second Harvest Food Support Committee\)](#)

Eligibility: Open to all

Address: 380 College St, Toronto, ON M5T 1S6

Contact: 416-203-3011, info@fyfb.com

Website: <https://www.211toronto.ca/detail/en/81950>

Hours: Tuesday and Thursday to Saturday, 9:00 am – 12:00 pm

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.

[Toronto Council Fire Native Cultural Centre \(Daily Bread Food Bank\)](#)

Eligibility: Open to all with a focus on Aboriginal people

Address: 439 Dundas St East, Toronto, ON M5A 2B1

Contact: 416-360-4350 ext. 245, info@councilfire.ca

Website: <https://www.211toronto.ca/detail/en/124755>

Hours: Every other Thursday from 9:30 am – 11:30 am – call ahead for details

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.

[St Michael and All Angels Church Beeton Cupboard Food Bank](#)

Eligibility: Open to those in need

Address: 611 St Clair Ave West, Toronto, ON M6C 1A3

Website: <https://www.211toronto.ca/detail/en/234892>

Hours: Sunday from 11:30 am – 12:30 pm and

Wednesday from 11:00 am – 12:00 pm

How to apply: Drop in.

[Library Pop Up Food Bank \(Runnymede Library\)](#)

Toronto Public Library (TPL) has partnered with the North York Harvest Food Bank, Daily Bread Food Bank and Second Harvest.

Eligibility: Open to all in need

Address: 2178 Bloor St West, Toronto, ON M6S 1M8

Website: <https://www.211toronto.ca/detail/en/236648>

Hours: Thursdays from 2:00 pm – 4:00 pm

How to apply: New clients need to register at <https://dailybread.link2feed.ca/> and bring the Client ID Number that you will get at the end of the online registration.